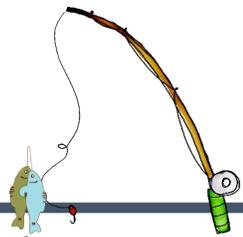


Kanab Senior Center

June 2018

GONE FISHIN'



CAMPING
ADVENTURE

We are going to need your help - understanding and patience for a bit.

There are, & will be alot more changes happening at the Senior Center.

We have Cloyce (our driver) who is moving away so his last day was May 31.

Then sadly Christy Torgersons last day will be June 15th - she is moving on to follow her own dream.

Last but not least Bonnie will be retiring coming up some time soon this year.

The staff & seniors Want to Thank you all, we love you and will truly miss each one of you!

We appreciate all you accomplished while you were here.



Daily & Weekly events your welcome to attend:
 Morning Exercise W/DVD: Monday-Friday 9 a.m.
 Arthritis Exercise Class (free) every Monday 10:25-11:40am
 Mah Jong - Tuesdays 1pm
 Local Shopping every Wednesday (after lunch)
 Cards & Games Wednesdays at 12:30 pm
 Sewing Thursdays 10 am-12:30

Other events for the month:

Cedar City Shopping: Tuesday June 5th \$8 for bus
 Caregivers Support Group 2nd Monday eamo 6/11 - 12:30-2
 Fathers Day Lunch Friday June 15th"

happy father's day



"Italian Festa" Lunch + Fun activities
 w/Sarah - Friday June 22nd



Italy

Encompass-Wednesday June 27th "Spine Safety" & BP checks
 Breakfast for Lunch Friday 29 th

Lunch age 60 + \$3.00

Under 60 \$7

Out of Town Shopping

60 + \$8.00

Senior's Care & Share for June
 The First & Third Thursdays each mo.
 June 7th & June 21st
 age 60 & over 2pm-6 pm
 (under age 60 4 pm- 6 pm)

Wednesday
 June 13th
 Free
 Head & Neck
 Massages

NOTICE:
 Per Craig -
 For the month of June
 we are NOT planning a
 Field trip. (with all the
 changes & being short
 staffed etc)

Welcome

TO KEVIN

We would like to welcome
 our newest employee-
 KEVIN CHAMBERLAIN

The Center is open 5 days a week from 8 a.m.- 2 p.m.

You must call ahead if you want to join us for lunch the day before, or no later than 9:30 am the day of. Home Delivery Meals are delivered Monday, Wednesday, Thursday.

For more information call 435-644-5250

