

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><i>KANAB SENIOR CENTER MARCH 2019</i></p>	<p style="text-align: center;">Lunch is served at 11:45. Please call &amp; make reservations the day before you would like to join us. Thank You 435-644-5250</p>	<p style="text-align: center;">Please Call Us for More Info. on Activities</p>		<p style="text-align: center;"><b>1</b> Philly Beef Sandwich Baked Beans Caprese Salad Fruit Salad Black Cherry Slush</p>
<p><b>4</b> <i>AFEP 10:30</i> Mushroom Swiss Burger Potatoes &amp; Gravy Mixed Vegetables Coleslaw Peaches Vanilla Cake</p> <p><small>Meals On Wheels</small></p>	<p><b>5</b> <i>ST. GEORGE SHOPPING</i> Baked Fish Rice Pilaf Peas Roll Pineapple Oatmeal Cookie</p>	<p><b>6</b> Ranch Chicken Ranch Potatoes Carrots Apple Slices Earthquake Cake</p> <p><small>Meals On Wheels</small></p> <p style="text-align: center;"><i>LOCAL SHOPPING</i></p>	<p><b>7</b> Ravioli Soup Peas &amp; Carrots Broccoli Salad Pears Pudding</p> <p><small>Meals On Wheels</small></p> <p style="text-align: right;"><small>Care &amp; Share</small></p>	<p><b>8</b> Chicken Bacon Ranch Pasta Mixed Vegetables Roll Southwest Salad Orange Creamsicle Cake</p>
<p><b>11</b> <i>AFEP 10:30</i> Chicken Parmesan Pasta Green Beans Tossed Salad Tropical Fruit Peanut Butter Bar</p> <p><small>Meals On Wheels</small></p>	<p><b>12</b> <i>Blacksmith Demo./Finney Farm Trip</i> Patty Melt Picadilly Chips Carrots Marinated Tomato Salad Cherry Crisp</p>	<p><i>Birthday Lunch &amp; Entertainment</i> <b>13</b> Pork Roast Potatoes &amp; Gravy Corn Mandarin Orange Jello Salad Boston Cream Pie</p> <p><small>Meals On Wheels</small></p> <p style="text-align: center;"><i>LOCAL SHOPPING</i></p>	<p><b>14</b> Grilled Chicken Sandwich Potato Wedges Celery &amp; Carrot Sticks Banana Chocolate Chip Cookie</p> <p><small>Meals On Wheels</small></p>	<p><b>15</b> BBQ Beef Sandwich Coleslaw Potato Salad Pistachio Salad w/Pineapple Confetti Cake</p>
<p><b>18</b> <i>AFEP 10:30</i> Corned Beef &amp; Cabbage Stew Biscuit Green Beans Green Jello w/Pears Pistachio Cake</p> <p><small>Meals On Wheels</small></p>	<p><i>Festival of Colors Lunch &amp; Activity</i> <b>19</b> <i>Orange</i> Chicken <i>Red</i> Beans &amp; Rice <i>Green</i> Bean Casserole <i>Blue</i>-berry Jello Salad Brownie</p>	<p><b>20</b> Hamburger w/ Mushroom Gravy Mashed Potatoes Broccoli Salad Peaches Pudding</p> <p><small>Meals On Wheels</small></p> <p style="text-align: center;"><i>LOCAL SHOPPING</i></p>	<p><b>21</b> Fish &amp; Chips Beets Roll Apple Slices Butterscotch Oatmeal Cookie</p> <p><small>Meals On Wheels</small></p> <p style="text-align: right;"><small>Care &amp; Share</small></p>	<p><b>22</b> Chicken Tortilla Soup Cornbread Roasted Peppers &amp; Tomatoes Tossed Salad Pears Chocolate Sandwich Cookie</p>
<p><b>25</b> <i>AFEP 10:30</i> Chicken Cordon Bleu Rice Pilaf Peas &amp; Carrots Applesauce Dessert Bar</p> <p><small>Meals On Wheels</small></p>	<p><b>26</b> <small>In House Only</small> Baked Potato w/ Chili &amp; Cheese Fruit Jello Salad Tossed Salad. Cinnamon Roll</p>	<p><b>27</b> BBQ Pork Rice Broccoli w/Cheese Sauce Tossed Salad Tropical Fruit Brownie</p> <p><small>Meals On Wheels</small></p> <p style="text-align: center;"><i>LOCAL SHOPPING</i></p>	<p><b>28</b> <i>Zion's Way Activity</i> Lasagna Corn Cottage Cheese &amp; Pineapple Beets Poke Cake</p> <p><small>Meals On Wheels</small></p>	<p><b>29</b> <i>Breakfast for Lunch</i> Cinnamon Vanilla French Toast Potato Cakes Fresh Sliced Tomato Orange Slices <i>Christy &amp; Leah Feel Good Music</i> <i>4H Tech Support 1:30-2:30</i></p>